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ABSTRACT

The provision of mental health counseling within student affairs in the context of a rapidly changing society, and ever broadening demands as issues such as prevention and diversity are integrated into the scope of counseling are challenged. Part 1, "Meeting the Need for Basic Counseling Services," discusses (1) "Counseling Needs of Today's College Students"; (2) "Brief Therapy: The Model of Choice for College Counseling"; (3) "Group Counseling: Treatment of Choice for Many Students"; (4) "Expanding Services with Faculty, Student, and Other Helpers"; (5) "Alternatives and Adjuncts to Counseling"; (6) "Meeting the Specific Challenges of Serious and Developmental Problems"; and (7) "Counseling with Special Populations." Part 2, "Strategies for Outreach and Systemic Interventions," presents (8) "Promoting Prevention through Outreach and Consultation"; (9) "Counselors as Initiators and Catalysts for Change"; (10) "Supporting Student and Faculty Development"; (11) "Educational and Preventive Responses to Public Health Issues"; and (12) "Promoting Campus Diversity and Multiculturalism." Part 3, "Administrative and Professional Issues," includes (13) "Research and Evaluation for Promoting Service Excellence"; (14) "Ethical and Legal Requirements of Practice"; (15) "Professional Training and Accreditation"; (16) "Organizing and Delivering Counseling Services"; and (17) "Providing Leadership for Quality in Campus Counseling." A list of Program Examples is included. (EMK)

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